

## Power Up!

Jesus' call to make disciples wasn't just for the purpose of . . .

- **multiplication**, but for *strengthening every believer*.
- **teaching**, but for *creating and maintaining relationships*.
- **structure** but for \_\_\_\_\_ *them for the challenges*.

Life will be difficult and discouraging.

We all need the fuel of God given \_\_\_\_\_ continually.

*Nehemiah said, "... Do not grieve, for the joy of the Lord is your strength."*  
Nehemiah 8:10 (Lev. 23:40 & Deut. 12:18)

*Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.*  
Psalm 51:12

## Five Signs that you're low on Joy!

Lacking F \_\_\_\_\_ 2 Cor. 1:24-2:4

Focus on what God has \_\_\_\_\_ done.

*For the word of the LORD is right and true; He is faithful in all He does.*  
Psalm 33:4

Lacking F \_\_\_\_\_ Contact 2 Cor. 4:1 & 6

*"The LORD bless you and keep you; the LORD make His face shine on you and be gracious to you; the LORD turn His face toward you and give you peace."*  
Numbers 6:24-26  
1 Chron. 16:11, Psalm 27:8, 67:1, 105:4, Rev. 22:4

Don't focus on the \_\_\_\_\_, focus on God.

... *"You are the God who sees me," for she said, "I have now seen the One who sees me."*  
Genesis 16:13

*I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul.*  
Psalm 31:7

Lacking a F \_\_\_\_\_ of Appreciation  
in struggles  
2 Cor. 6:4-10 & 7:4

Focus on what's \_\_\_\_\_ about the person or situation.

*Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.*  
Philippians 4:8

Lacking F \_\_\_\_\_ of Kindness  
2 Cor. 8:1-2

Focus on their \_\_\_\_\_ not your disappointments.

*Give, and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap. For with the measure you use, it will be measured to you."*  
Luke 6:38

*Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.*  
Colossians 3:12

Lacking peace because of your F \_\_\_\_\_  
2 Cor. 12:8-10

Focus on God's \_\_\_\_\_ not your struggles.

*I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being,*  
Ephesians 3:16

*I can do all this through Him who gives me strength. And my God will meet all your needs according to the riches of His glory in Christ Jesus.*  
Philippians 4:13 & 19

**Optional Reading:** Notice the significance and strength in joy.

**Nehemiah** 8<sup>10</sup> **Psalms** 27<sup>6</sup> 30<sup>5</sup> 47<sup>1</sup> **Prov.** 10<sup>28</sup>  
**Isaiah** 9<sup>3</sup> **Luke** 15<sup>7</sup> **John** 16<sup>22-24</sup> **Rom.** 14<sup>17</sup> 15<sup>13</sup>  
**Gal.** 5<sup>22</sup> **Phil.** 4<sup>4</sup> **James** 1<sup>2</sup> **1 Peter** 1<sup>8-9</sup>